



**Personal Skill** is a chance for Gaisce participants to develop an existing skill or try something brand new. This is an opportunity for participants to explore an activity that interests them and to develop skills that they may have previously thought beyond their reach.

**HERE ARE SOME IDEAS BUT IT IS NOT EXCLUSIVE TO THESE:**

**MUSIC:** Learning to Play an Instrument, Musicals Reviewing, Composing, Song Writing, DJing.

**PERFORMING:** Acting, Drama, Singing, Script, Writing, Poetry, Juggling, Circus Skills, Magic.

**CREATIVE ARTS:** Fashion Design, DIY, Woodwork, Drawing, Painting, Jewellery Making, Photography, Knitting, Sewing, Food Decoration, Model Clay, Videography.

**LIFE SKILLS:** Counselling, Meditation, Cookery, First Aid, Public Speaking, Language Skills, Navigation, Computers, Young Enterprise, Journalism, Writing.

**SCIENCE & TECHNOLOGY:** Anatomy, Astronomy, Astronautics, Ecology, Electronics, IT, Science, Web Design.

**ANIMALS & OUTDOOR:** Beekeeping, Aquarium Keeping, Dog Training, Conservation Skills, Gardening, Bird Watching, Meteorology.

**GAMES:** Cards, Chess, Darts, Snooker, Pool, Table Games

A participant may undertake Personal Skill activities without PAL supervision, however as the PAL is the default signature on the record sheet, the participant will need to provide evidence of the activity they carried out. This can be done through a third-party supervisor (e.g. music teacher), use of the online diary to note the activity, a screen shot of a login for an online activity (YouTube art class), or another means of evidence gathering approved by the PAL.