**Request to find a President’s Award Leader (PAL)**

*Thank you for your interest in the Gaisce programme. We’re delighted to hear you want to take up the Gaisce challenge. The next step is finding you a PAL! Your PAL will help and support you along your Gaisce journey. Please take a few minutes to complete the editable form below, which will help Gaisce in finding you a suitable PAL. Once you have completed this form, return it to* a [Gaisce Development Officer](https://www.gaisce.ie/pal-toolkit/#do) for your region.

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| --- |
| **First Name:** |
| **Surname:** |
| **County:**  |
| **Address:**  |
|  |
| **Are you currently in full time education: Yes/No** |
| **Mobile number:**  |
| **Email:** |
| **Date of birth:**  |
| **Do you have any support needs you would like to share?** *(Note: This does not affect you doing the Gaisce programme but is useful information for your potential PAL so that they can support you as best as possible)* |
| Which Award do you wish to register for? *(Mark with an X or tick box)*Bronze Silver Gold  |
| What activities would you like to do for each of your challenge areas? *(Please provide as much information as possible or what you are thinking about doing)*Community involvement: Physical recreation:Personal skill:Adventure Journey:Residential project (if registering for Gold): |
| Any other relevant information:  |

Please complete and return this form to the [Development Officer](https://www.gaisce.ie/pal-toolkit/#go) for your region.