

13
WEEKS

1 HOUR OF EACH
ACTIVITY
EACH WEEK

COMMUNITY
INVOLVEMENT

PERSONAL
SKILL

PHYSICAL
RECREATION



ANOTHER
13
WEEKS

CONTINUE WITH 1
ACTIVITY FROM YOUR
FIRST 13 WEEKS!

eg.

ADDITIONAL 13
WEEKS OF ONE
ACTIVITY OF
YOUR CHOICE



ADVENTURE JOURNEY
WITH YOUR GAISCE GROUP



26 WEEKS ALTOGETHER
@ **BRONZE AWARD**
LEVEL



GAISCE
THE PRESIDENT'S
AWARD