

Community Involvement is an opportunity for participants to volunteer with community groups and charities, helping people, animals or the environment, either on their own or through communal activities, without getting paid. Gaisce is often a young person's first experience of volunteering and active citizenship.

Here are some Ideas but it is not exclusive to these:

Helping People:

Helping with Children
Visiting an elderly neighbour or nursing home
Helping people with special needs
Youth club volunteer

Anti-bullying campaigns
Amnesty
International club
Dáil na Óg
Scouting Ireland
Order of Malta
Lifesaving course
Boys/Girl brigade leader

Environmental Projects
Conservation Projects
Animal shelter

Coaching sports teams
Mentoring younger school groups
Scout leader
Girl/boy's brigade
Big brother/big sister programme

Charity:

Charity shop volunteer
Fundraising
Supporting a charity
Raising awareness

Community action & raising awareness:

Campaigning
Cyber safety
Council representation

Environment & Animals:

Tidy Towns committee
Green
Schools/Recycling programmes

Coaching/ Mentoring:

Homework club at School

Participants may undertake Community Involvement activities without PAL supervision, however as the PAL is the default signature on the record sheet, participants will need to provide evidence of the activity they carried out. This can be done through a third-party supervisor (e.g. committee leader) or another means of evidence gathering approved by the PAL.