

Gold Award Activity Agreement

Congratulations, you are starting on a Journey of self discovery by completing the Gold Award Challenge with Gaisce - The President's Award

Please complete this Gold Award activity agreement in consultation with your President's Award leader (PAL), which outlines your challenge in each section of the Award and return it to the Gaisce Development Officer for your area – see bottom of page 2 for address.

Name _____ Date of Birth _____

Address _____

Email _ _____ Mobile No _____

Community Involvement 52 weeks @ 1 hour per week.

Start date _____

Activity _____

The above challenges can only be changed in consultation with your PAL.

Personal Skill 52 weeks @ 1 hour per week

Start date _____

Activity _____

The above challenges can only be changed in consultation with your PAL.

Physical Recreation 52 weeks @ 1 hour per week

Start date _____

Activity _____

The above challenges can only be changed in consultation with your PAL.

Continued Overleaf.....

I have achieved the Silver Award with _____ (name PAL)

at _____ (School / Organisation) in _____ Year.

Please indicate which section you intend to spend your additional 26 weeks participating in ~~or~~ if you are **not** a silver award holder.

I will use the Personal Skill _____ section for my additional 26 weeks @ 1 hour per week.

Residential Project: Gold participants are required to participate in a residential project lasting 5 days and 4 nights consecutively.

Residential Activity _____

Adventure Journey: The Adventure Journey involves a challenge of 4 consecutive days and 3 nights, covering a minimum total distance of; walking 80 – 100km *or* cycling 300 – 350km

What type of Adventure Journey are you considering? _____

Gold Award participants are required to submit a portfolio of their experiences in the 5 sections along with their completed record books to receive their Award.

My PAL is _____

PAL email _____ Mobile No _____

My operating Body is _____

The above challenges can only be changed in consultation with your PAL.

Signed Participant: _____ Date _____

Signed PAL _____ Date _____

Agreed by Gaisce Development Officer _____ Date _____

Please Note: The purpose of this sheet is to re-assure Gold participants that once you have completed the agreed overall challenge you will qualify for the Award at the end of the required number of weeks.

Thank you for your time and enjoy your challenge as you “go Discover”

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